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Pre-Op Instructions

Arrangements to Make

Arrange for a friend or family member to drive you home after the surgery, and have a responsible adult stay with you at home overnight.

Documents to bring

- Your post-operative medication,
- Your Medicare Card,
- Your private health fund membership details if relevant and
- A method of payment for account settlement.

The night before your surgery.

If you need to take essential medications, you must do so with no more than a sip of water.
If you smoke, you are advised to refrain from smoking the day before your surgery.

Before you leave home.

- Shower or bathe. You may brush your teeth but do not swallow any water or toothpaste.
- You may use deodorant, but do not use talcum powder, face creams, perfumes or sunscreens.
- Men are asked to remove facial hair prior to their procedure, but do not use aftershave.
- Remove all nail polish and do not wear makeup.
- Wear flat shoes and comfortable loose clothing.

Parking

Parking is available in the Secure Park car park on North Street – please visit the Secure Park website to arrange parking as they are an independent company. Street parking is also available but very limited. Instructions for patient pick up will be given by Eye Tech Day Surgery staff the day before your scheduled surgery, during your pre-op call.

On Arrival

Eye Tech reception is located on the fifth floor of St Andrews Place, directly opposite the lift. Please present yourself to the administration desk upon arrival.

Discharge

After surgery you will be taken to the recovery bay then to sitting recovery. Once you are fully recovered you will be offered light refreshments and beverages in coordination with your post-op instructions. Your carer will be contacted by the recovery staff and be given directions to the recovery lounge and your post-op instructions will be discussed with you and your carer. You will receive a courtesy phone call from our nursing staff the Monday following your procedure.

ONE OF THE STAFF FROM EYE TECH DAY SURGERY WILL PHONE YOU THE DAY BEFORE YOUR SURGERY TO INFORM YOU OF YOUR ADMISSION TIME, PARKING INSTRUCTIONS AND ALSO TO DO A PRE-ADMISSION MEDICAL CHECK.

PLEASE NOTE THAT YOU WILL NEED TO FAST FROM MIDNIGHT THE NIGHT BEFORE – THIS INCLUDES WATER/TEA/COFFEE AND CHEWING GUM.

PLEASE ALLOW 3-4 HOURS FOR YOUR HOSPITAL STAY FOR DAY SURGERY.

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